

## TFS - Fish Haddock Fillets Block Pack Frozen At Sea 8-16oz Skin On - Information

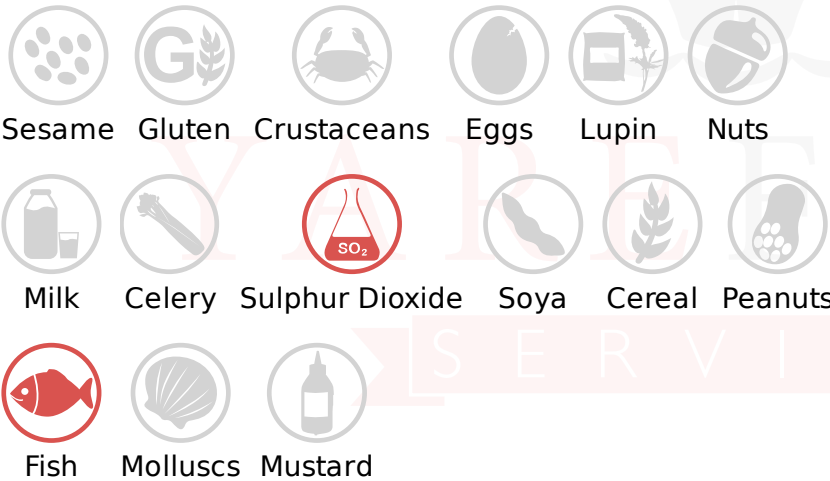
Frozen at Sea Haddock Fillets, Skin On, Pin Bone In, 8-16oz. Packed 3 x 6.81kg (20.43kg). Trawl Caught in FAO 27. Granit brand.

**Our Product Code:** 014155  
**Suppliers Product Code:**  
**Information Last Updated:** 06/09/2023  
**Date Produced:** 05/04/2026



### Allergy Information

Key: **Contains** **May Contain**



### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	78.00
Energy (kJ)	329.00
Protein (g)	19.40
Carb (g)	0.00
Of Which Sugars (g)	0.00
Fat (g)	0.00
Of Which Saturates (g)	0.00
Fibre (g)	0.00
Salt (g)	0.10

### Dietary Information

Key: **Suitable for**



**Please Note:** This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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### **Ingredients**

100% Haddock (FISH) with protective ice glaze (water)

### **Handling Information**

#### **Directions for Use**

Defrost before cooking, do not refreeze

#### **Storage Instructions**

-18 degrees Celsius or colder (Frozen)



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