

## AvoGrande Seasoned Avocado Smash - Information

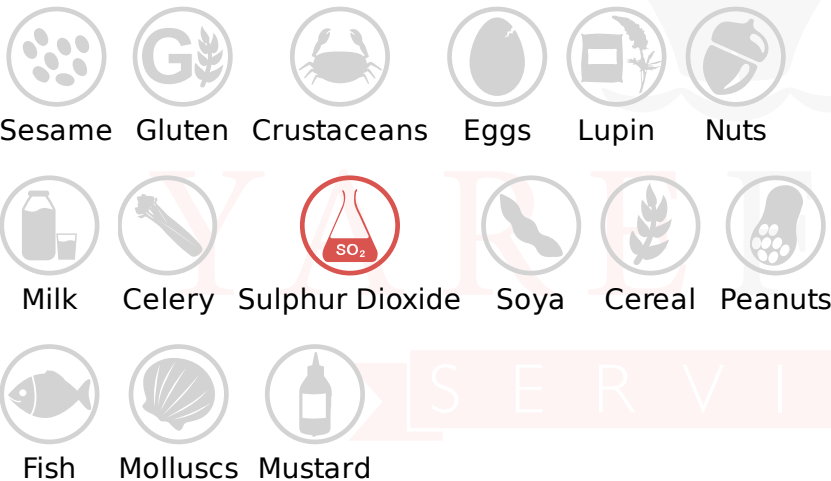
Avocado pulp with lime juice, salt and ground black pepper

**Our Product Code:** 032294  
**Suppliers Product Code:** AGCHA500P  
**Information Last Updated:** 12/09/2025  
**Date Produced:** 04/06/2026



### Allergy Information

Key: **Contains** **May Contain**



### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	146.00
Energy (kJ)	601.00
Protein (g)	2.00
Carb (g)	2.00
Of Which Sugars (g)	0.70
Fat (g)	14.40
Of Which Saturates (g)	2.10
Fibre (g)	9.50
Salt (g)	0.31

### Dietary Information

Key: **Suitable for**



**Please Note:** This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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### Ingredients

Hass avocado (98.2%), Lime Juice, Salt, Ground black pepper.

### Handling Information

#### Directions for Use

Defrost unopened pouch thoroughly before use at 0-5 Celsius degrees and keep chilled. Once defrosted use within 10 days if left unopened. Once pouch has been opened, use immediately. Do not refreeze once defrosted.

#### Storage Instructions

Store at -18 Celsius degrees or colder

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