

Tel: 01493 653429

E-Mail: accounts@yareshipping.co.uk Web: www.yareshipping.co.uk

Chef Williams Cous Cous - Information

Granular golden yellow product with bland odour. A precooked, dried pasta made with 100% durum wheat semolina.

Our Product Code: 029518

Suppliers Product Code:

Information Last Updated: 08/01/2025 **Date Produced:** 27/11/2025



Allergy Information

Key: Contains May Contain







Sesame Gluten Crustaceans









Eggs Lupin Nuts













Milk Celery Sulphur Dioxide

Soya

Cereal Peanuts

Nutritional Information

Serving Unit: 100g or 100ml

Energy (kcal) 360.00 1523.00 Energy (kJ) Protein (g) 15.00 68.00 Carb (g)

Of Which Sugars (g) 2.30

Fat (q) 2.00

Of Which Saturates

0.30 (g) Fibre (g) 4.50 0.03 Salt (q)







Fish Molluscs Mustard

Dietary Information

Key: Suitable for









Kosher Vegetarian

Halal

Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Yare Food Services Nelsons Yard South Denes Road Great Yarmouth Norfolk, NR30 3PR



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Ingredients

Durum WHEAT Semolina.

Handling Information

Directions for Use

Pour 250ml (9fl oz) water into a saucepan. Add 1 x 5ml (1 tsp) of salt and 1 x 15ml (1 tbsp) of cooking oil and heat gently. Add 250g (9oz) of Cous Cous and stir. Cover and remove from the heat for 3 minutes or until the water is nearly absorbed. Add 2 - 3 knobs of butter and return to the heat. Cook gently for 3 - 4 minutes separating grains with a fork.

Storage Instructions

Store in a cool, dry place, free from the risk of contamination and ingress of moisture.

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