

Cooks & Co Brown Lentils Canned - Information

Lentils in water.

Our Product Code: 028813
Suppliers Product Code:
Information Last Updated: 14/02/2024
Date Produced: 14/08/2025



Allergy Information

Key: **Contains** **May Contain**



Sesame Gluten Crustaceans Eggs Lupin Nuts



Milk Celery Sulphur Dioxide Soya Cereal Peanuts



Fish Molluscs Mustard

Nutritional Information

| | |
|------------------------|---------------|
| Serving Unit: | 100g or 100ml |
| Energy (kcal) | 101.00 |
| Energy (kJ) | 424.00 |
| Protein (g) | 7.10 |
| Carb (g) | 14.00 |
| Of Which Sugars (g) | 0.50 |
| Fat (g) | 0.50 |
| Of Which Saturates (g) | 0.10 |
| Fibre (g) | 5.80 |
| Salt (g) | 0.05 |

Dietary Information

Key: **Suitable for**



Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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Ingredients

Brown lentils, Water, Antioxidant (Ascorbic Acid).

Handling Information

Directions for Use

Ready to eat

Storage Instructions

Store in a cool dry place. Once opened, transfer to a non-metallic container, keep refrigerated and consume within 3 days.

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