Yare Food Services Nelsons Yard South Denes Road Great Yarmouth Norfolk, NR30 3PR

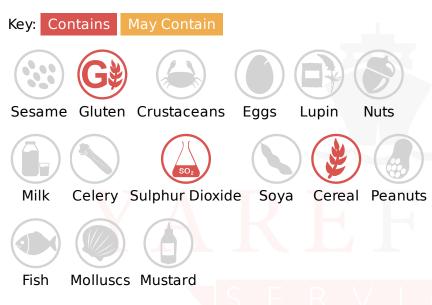


### **Diggers Onion Rings - Information**

Battered Onions

Our Product Code:029077Suppliers Product Code:Information Last Updated:27/01/2025Date Produced:30/06/2025

# **Allergy Information**



# **Nutritional Information**

| Serving Unit:       | 100g or 100ml |
|---------------------|---------------|
| Energy (kcal)       | 189.00        |
| Energy (kJ)         | 791.00        |
| Protein (g)         | 2.90          |
| Carb (g)            | 24.00         |
| Of Which Sugars (g) | 3.90          |
| Fat (g)             | 8.70          |
| Of Which Saturates  |               |
| (g)                 | 0.70          |
| Fibre (g)           | 0.00          |
| Salt (g)            | 0.40          |
|                     |               |

## **Dietary Information**



Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted. Yare Food Services Nelsons Yard South Denes Road Great Yarmouth Norfolk, NR30 3PR



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## Ingredients

Onions (62%), <b>Wheat</b> Flour (calcium, iron, niacin, thiamine), Rapeseed Oil, Maize Flour, Dextrose, Raising Agents (E450i, E500ii) Gelling Agent (E401), Water.

## **Handling Information**

#### **Directions for Use**

To Oven Bake: 220°c/Fan 200°c /Gas 7 Place on a baking tray in the centre of a pre-heated oven for 12-15 minutes. Turn halfway through cooking. Deep Fry: 175 °c Deep fry for 2 1/2 to 3 minutes until golden brown.

#### Storage Instructions

Store in the freezer at -18°C, but do not refreeze after thawing.

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