Yare Food Services Nelsons Yard South Denes Road Great Yarmouth Norfolk, NR30 3PR



Dove Plain Flour - Gluten Free - Information

Gluten Free Plain White Flour Blend. Freee by Doves Farm brand. A wheat free & naturally gluten free fine white flour with brown flecks

Our Product Code: 030043 **Suppliers Product Code:** Information Last Updated: 03/05/2023 **Date Produced:** 14/08/2025



Allergy Information

Nutritional Information

	57
Key: Co	ontains May Contain
Sesame	e Gluten Crustaceans Eggs Lupin Nuts
Milk	Celery Sulphur Dioxide Soya Cereal Peanuts
	SERVI
Fish	Molluscs Mustard

100g or 100ml and a second second

	Serving Unit:	100g or 100	
	Energy (kcal)	353.00	
	Energy (kJ)	1498.00	
	Protein (g)	5.00	
	Carb (g)	80.00	
	Of Which Sugars (g)	0.20	
	Fat (g)	1.30	
Of Which Saturates			
	(g)	0.30	
	Fibre (g)	0.80	
	Salt (g)	0.03	

Dietary Information

Key: Suitable for Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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Ingredients

Gluten Free Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat)

Handling Information

Directions for Use

See back of pack

Storage Instructions

Store in cool , dry conditions. Avoid direct sunlight. To keep your flour at its best, roll down the top after use and store in a cool, dry place.

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