

Tel: 01493 653429 E-Mail: accounts@yareshipping.co.uk

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**Kara Wholemeal Hoagies 7" - Information** 

An unsliced large wholemeal finger roll with a coating of malted wheat grains

**Our Product Code:** 030321

**Suppliers Product Code:** 

Information Last Updated: 08/02/2023 **Date Produced:** 27/11/2025



#### **Allergy Information**

Key: Contains















Sesame Gluten Crustaceans

Lupin

Nuts



Milk







Soya





Cereal Peanuts

## **Nutritional Information**

Serving Unit: 100g or 100ml

Energy (kcal) 222.00 Energy (kJ) 939.00 Protein (g) 10.10 38.70 Carb (g)

Of Which Sugars (g) 3.20

1.30 Fat (g)

Of Which Saturates

(a) 0.50 7.60 Fibre (g)

Salt (g) 0.68









Celery Sulphur Dioxide

Fish Molluscs Mustard

# **Dietary Information**

Key: Suitable for







Halal



Kosher Vegetarian

Vegan

**Please Note:** This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.



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## **Ingredients**

Wholemeal WHEAT Flour, Water, Kibbled Malted WHEAT (4%), Salt, WHEAT Flour, Fermented WHEAT Flour, Palm Oil, Yeast, Emulsifier (E472e), Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent (E300), Rapeseed Oil.

#### **Handling Information**

#### **Directions for Use**

To defrost: remove from case and leave in pack at room temperature for approximately 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 4 days.

#### **Storage Instructions**

Keep frozen, store frozen at -18°C or below. Once defrosted do not refreeze.

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