

Kingsmill Brown Wholemeal Bread Sliced - MEDIUM - Information

100% of your Daily Wholegrain in 2 Slices* *Based on US Dietary Guidelines of 48g whole grain a day.

Our Product Code: 021612
Suppliers Product Code:
Information Last Updated: 01/07/2019
Date Produced: 16/08/2025



Allergy Information

Key: **Contains** **May Contain**



Nuts



Sulphur Dioxide



Soya



Cereal

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	233.00
Energy (kJ)	984.00
Protein (g)	10.20
Carb (g)	38.60
Of Which Sugars (g)	4.30
Fat (g)	2.80
Of Which Saturates (g)	0.60
Fibre (g)	6.30
Salt (g)	0.95

Dietary Information

Key: **Suitable for**



Kosher



Vegetarian



Halal



Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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Ingredients

Wholemeal WHEAT Flour, Water, Kibbled Malted WHEAT (3.5%), Sugar, Yeast, WHEAT Protein, Salt, Malted BARLEY Flour, Vegetable Oils (Rapeseed, Sustainable Palm), Vinegar, Emulsifier: E472e, SOYA Flour, Preservative: Calcium Propionate, Flour Treatment Agent: Ascorbic Acid (Vitamin C), With 62% Wholegrain (Wholemeal WHEAT Flour, Kibbled Malted WHEAT, Malted BARLEY Flour)

Handling Information

Directions for Use

No usage information

Storage Instructions

Store in a cool, dry place - ideally not refrigerated.
Under warm conditions life may be reduced.
Suitable for home freezing: Want to save some for later? Check bag is sealed and then pop me in the freezer and I'll keep for 3 months. For best before see bag closure.

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