

Tel: 01493 653429

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#### **Laila Mung Beans - Information**

Light green dry bean with a distinctive white marking

029106 **Our Product Code:** 

**Suppliers Product Code:** 

Information Last Updated: 09/09/2022 **Date Produced:** 27/11/2025



#### **Allergy Information**

Key: Contains















Sesame Gluten Crustaceans

Lupin

Nuts













Milk

Fish

Celery Sulphur Dioxide

Soya

Cereal Peanuts

### **Nutritional Information**

100g or 100ml Serving Unit:

Energy (kcal) 302.00 Energy (kJ) 1283.00 Protein (g) 27.00 46.00 Carb (g)

Of Which Sugars (g) 1.50

Fat (g) 1.10

Of Which Saturates

(a) 0.30 Fibre (g) 0.00

Salt (g)

0.05

# **Dietary Information**

Molluscs Mustard

Key: Suitable for









Kosher Vegetarian

Halal

Vegan

**Please Note:** This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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#### **Ingredients**

Green Mung Beans

## **Handling Information**

#### **Directions for Use**

#### Storage Instructions

Soak and rinse in cold water and then bring to boil. Store Simmer until tender. Do not eat raw.

Store in cool, dry conditions.

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