

Matthew Walker Gluten Free Christmas Puddings Portions - Information

A moist, bread like texture with succulent vine fruits. Vine fruits are juicy and may burst very slightly in the mouth when bitten. Please note this product is not suitable for VEGANS due to fresh peel re contains Shellac

Our Product Code: 029420
Suppliers Product Code:
Information Last Updated: 20/09/2024
Date Produced: 27/11/2025



Allergy Information

Key: **Contains** **May Contain**



Sesame Gluten Crustaceans Eggs Lupin Nuts



Milk Celery Sulphur Dioxide Soya Cereal Peanuts



Fish Molluscs Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	300.00
Energy (kJ)	1267.00
Protein (g)	2.30
Carb (g)	62.60
Of Which Sugars (g)	47.10
Fat (g)	4.60
Of Which Saturates (g)	2.40
Fibre (g)	1.60
Salt (g)	0.26

Dietary Information

Key: **Suitable for**



Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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Ingredients

Sultanas (29%). Sugar, Cider (11%). Gluten Free Breadcrumbs (Rice Flour, Gram Flour, Maize Starch, Salt, Dextrose). Water, Gluten Free Flour (Rice Flour, Potato Starch Flour, Maize Flour). Humectant (Glycerine). Vegetable Suet (Palm Oil, Rice Flour, Rapeseed Oil). Fresh Mixed Peel (Orange Peel, Lemon Peel). Rum (1%). Mixed Spice, Molasses, Salt.

Handling Information

Directions for Use

IF FROZEN STORE AT -18°C. Remove pudding from the box. Defrost in 1.3w microwave for 45 seconds. Adjust time according to microwave wattage. Or defrost at room temperature for approximately 1.5 hours. REHEATING INSTRUCTIONS. Remove outer case. TO STEAM: Leave in basin with film lid on. Place the basin in a steamer over boiling water and steam for 30 mins. Ensure that the water does not enter the pudding. Do not allow the steamer to boil dry. TO MICROWAVE: This is a guideline only. We suggest you consult your instruction manual. Pierce film lid and place in microwave on a microwavable plate (1.3kw): 1 pudding heat on full power for 30 seconds. 3 puddings heat on full power for 60 seconds. 6 puddings heat on full power for 1.5 mins. Stand for 1 minute.

Storage Instructions

Ambient (Cool/Dry) Store in a cool dry place. For best before end: see case label.

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