

Meadow Vale Foods Chicken - Strips Southern Fried Homestyle - Information

Pieces of chicken breast fillets, in a crunchy Southern Fried coating, fully cooked and individually quick-frozen.

Our Product Code: 029971
Suppliers Product Code: N1452005A
Information Last Updated: 24/10/2023
Date Produced: 14/08/2025



Allergy Information

Key: **Contains** **May Contain**



Sesame



Gluten



Crustaceans



Eggs



Lupin



Nuts



Milk



Celery



Sulphur Dioxide



Soya



Cereal



Peanuts



Fish



Molluscs



Mustard

Nutritional Information

| | |
|------------------------|---------------|
| Serving Unit: | 100g or 100ml |
| Energy (kcal) | 207.00 |
| Energy (kJ) | 866.00 |
| Protein (g) | 17.00 |
| Carb (g) | 11.00 |
| Of Which Sugars (g) | 0.50 |
| Fat (g) | 10.00 |
| Of Which Saturates (g) | 4.40 |
| Fibre (g) | 2.30 |
| Salt (g) | 1.30 |

Dietary Information

Key: **Suitable for**



Kosher



Vegetarian



Halal



Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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Ingredients

Chicken Breast (63%), Water, WHEAT Flour, Breadcrumb (WHEAT Flour, Salt, Yeast), Modified Tapioca Starch, Vegetable Oil (Palm, SOYA), Maize Starch, Salt, Spices (contains CELERY), WHEAT Gluten, Raising Agents (Diphosphates, Sodium Carbonates), Stabilisers (Triphosphates), Spice Extracts (Pepper, CELERY, Paprika), Vegetable Powders (Garlic, Onion), Yeast Extract, Dextrose.

Handling Information

Directions for Use

For best results cook from frozen. The following instructions are guidelines only. If thawed, reduce cooking times accordingly. Always ensure that the food is piping hot and cooked throughout before serving. OVEN BAKE: Pre-heat oven to 220°C / Gas Mark 7. Place the chicken on a baking tray in the centre of the oven for 18 - 20 minutes. DEEP FRY: Pre-heat oil to 180°C. Gently lower and fully immerse the chicken into the hot oil for 4 -5 minutes. Drain and serve.

Storage Instructions

Keep frozen -18°C.

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