YARE FOOD
SERVICES

Nature Valley Cereal Bars - Syrup - Information

Crunchy cereal bars made with whole grain rolled oats and Canadian maple syrup.

Our Product Code: 029784
Suppliers Product Code: 700-6292910
Information Last Updated: 14/06/2022
Date Produced: 06/03/2026

Allergy Information

Key: Contains | May Contain

Sesame	Gluten	Crustaceans	Eggs	Lupin	Nuts
Milk	Celery	Sulphur Dioxide	Soya	Cereal	Peanuts
Fish	Molluscs	Mustard			

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	465.00
Energy (kJ)	1951.00
Protein (g)	8.70
Carb (g)	64.30
Of Which Sugars (g)	26.80
Fat (g)	17.80
Of Which Saturates (g)	2.20
Fibre (g)	6.40
Salt (g)	0.78

Dietary Information

Key: Suitable for

Kosher	Vegetarian	Halal	Vegan

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Ingredients

Whole grain rolled OATS (60%), sugar, sunflower oil, Canadian maple syrup (2%), honey, natural flavouring, salt, emulsifier (sunflower lecithin), raising agent (sodium bicarbonate), molasses.

Handling Information

Directions for Use

Ready to Eat

Storage Instructions

Store in a cool, dry place.