Yare Food Services Nelsons Yard South Denes Road Great Yarmouth Norfolk, NR30 3PR



Nature Valley Cereal Bars - Syrup - Information

Crunchy cereal bars made with whole grain rolled oats and Canadian maple syrup.

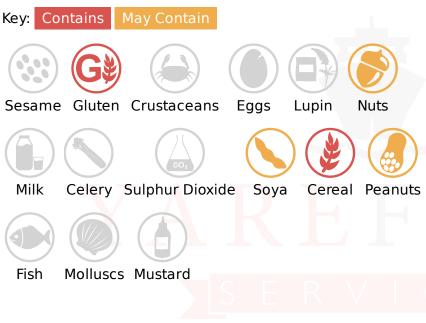
 Our Product Code:
 029784

 Suppliers Product Code:
 700-6292910

 Information Last Updated:
 14/06/2022

 Date Produced:
 16/08/2025

Allergy Information



Nutritional Information

| Serving Unit: | 100g or 100ml |
|---------------------|---------------|
| Energy (kcal) | 465.00 |
| Energy (kJ) | 1951.00 |
| Protein (g) | 8.70 |
| Carb (g) | 64.30 |
| Of Which Sugars (g) | 26.80 |
| Fat (g) | 17.80 |
| Of Which Saturates | |
| (g) | 2.20 |
| Fibre (g) | 6.40 |
| Salt (g) | 0.78 |
| | |

Dietary Information



Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted. Yare Food Services Nelsons Yard South Denes Road Great Yarmouth Norfolk, NR30 3PR



Nature Valley Cereal Bars - Syrup - Information

 Our Product Code:
 029784

 Suppliers Product Code:
 700-6292910

 Information Last Updated:
 14/06/2022

 Date Produced:
 16/08/2025

Ingredients

Whole grain rolled OATS (60%), sugar, sunflower oil, Canadian maple syrup (2%), honey, natural flavouring, salt, emulsifier (sunflower lecithin), raising agent (sodium bicarbonate), molasses.

Handling Information

Directions for Use

Storage Instructions

Ready to Eat

Store in a cool, dry place.

Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.