

Seven Moons Whole Straw Mushrooms - Information

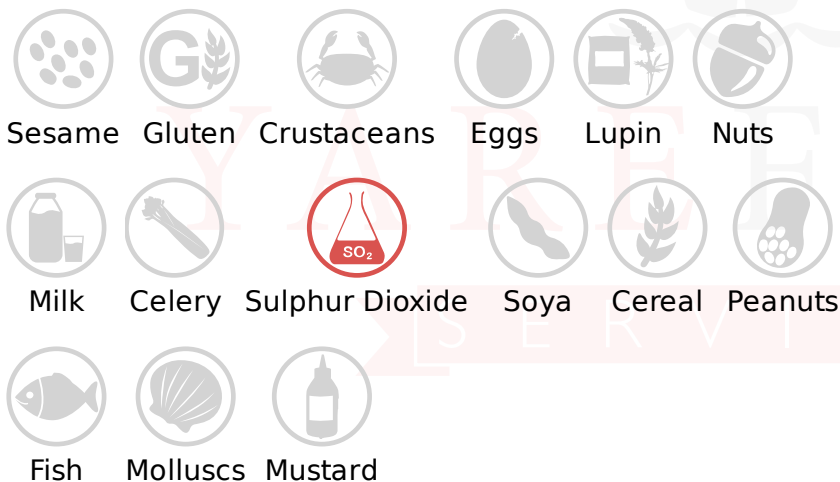
These small, greyish-brown mushrooms are much used in Chinese and Asian cooking and can also be used in the same way as other cultivated mushrooms. When cooked, they have a slippery but tender texture and a very mild flavour.

Our Product Code: 025119
Suppliers Product Code:
Information Last Updated: 31/05/2023
Date Produced: 14/08/2025



Allergy Information

Key: **Contains** **May Contain**



Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	29.00
Energy (kJ)	120.00
Protein (g)	2.40
Carb (g)	3.60
Of Which Sugars (g)	0.00
Fat (g)	0.20
Of Which Saturates (g)	0.10
Fibre (g)	0.00
Salt (g)	1.30

Dietary Information

Key: **Suitable for**



Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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Ingredients

Straw Mushrooms, Water, Salt, Acidity Regulator E330

Handling Information

Directions for Use

Rinse and drain before use

Storage Instructions

Unopened - Ambient away from direct light and heat
Opened - Refrigerated in an airtight container

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