

## Sidoli Syrup Sponge Puddings - Information

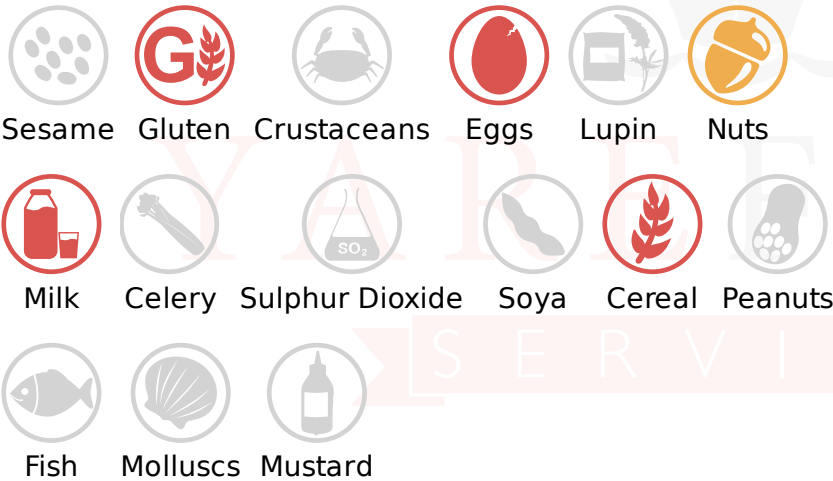
Individual portions of sponge pudding with a light golden syrup sauce topping. Packed 1 x 12 puddings per outer case.

**Our Product Code:** 024494  
**Suppliers Product Code:**  
**Information Last Updated:** 15/08/2024  
**Date Produced:** 20/04/2026



### Allergy Information

Key: **Contains** **May Contain**



### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	337.00
Energy (kJ)	1414.00
Protein (g)	2.80
Carb (g)	51.00
Of Which Sugars (g)	36.00
Fat (g)	13.60
Of Which Saturates (g)	1.20
Fibre (g)	0.60
Salt (g)	0.45

### Dietary Information

Key: **Suitable for**



**Please Note:** This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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### Ingredients

Golden syrup, water, **WHEAT** flour (with added calcium, iron, niacin, thiamin), rapeseed oil, sugar, glucose syrup, **EGG**, **WHEAT** starch, raising agents (diphosphates, potassium carbonates), modified maize starch, whey powder (**MILK**), **WHEAT** protein, emulsifiers (mono- and diglycerides of fatty acids, sodium stearoyl-2-lactylate), stabiliser (xanthan gum).

### Handling Information

#### Directions for Use

HANDLING INSTRUCTIONS Re-heat prior to serving.  
RE-HEATING INSTRUCTIONS: Remove plastic wrapper and place container on a plate. Microwave from frozen on full power for approximately 65 seconds (800 watt microwave). Allow to stand for approximately 10 seconds. Invert pudding on a plate, squeezing outside of the container to ease removal of pudding. Remove any excess sauce from the container using a spoon if required.

#### Storage Instructions

Store at or below minus 18°C (0°F)

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