Yare Food Services Nelsons Yard South Denes Road Great Yarmouth Norfolk, NR30 3PR



Tel: 01493 653429 E-Mail: accounts@yareshipping.co.uk Web: www.yareshipping.co.uk

TFS - Butchery Beef Cheek - Information

Fully cooked beef cheeks in a ale (brains black) & silverskin onion sauce.

 Our Product Code:
 020873

 Suppliers Product Code:
 1000960

 Information Last Updated:
 15/11/2024

 Date Produced:
 14/08/2025



Allergy Information Key: Contains May Contain Sesame Gluten Crustaceans Eggs Lupin Nuts Milk Celery Sulphur Dioxide Soya Cereal Peanuts Key: Contains Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	195.00
Energy (kJ)	814.00
Protein (g)	19.00
Carb (g)	0.00
Of Which Sugars (g)	0.00
Fat (g)	13.00
Of Which Saturates	
(g)	5.80
Fibre (g)	0.00
Salt (g)	0.14

Dietary Information

Key: Suitable for Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted. Yare Food Services Nelsons Yard South Denes Road Great Yarmouth Norfolk, NR30 3PR



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Ingredients

Beef

Handling Information

Directions for Use

Cook until Juices run clear and are free from pink colour. Ensure the product is fully cooked before consumption.

Storage Instructions

Store at -18°c, Once defrosted store at +4°c

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