

TFS - Seafood Tiger Prawns Size 26/30 Uncooked Shell Off - Information


King Prawns, Individually Quick Frozen, Raw, Peeled & deveined

Our Product Code: 012958
Suppliers Product Code:
Information Last Updated: 01/08/2024
Date Produced: 14/08/2025





Allergy Information

Key: **Contains** **May Contain**



Sesame Gluten Crustaceans Eggs Lupin Nuts



Milk Celery Sulphur Dioxide Soya Cereal Peanuts



Fish Molluscs Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	82.00
Energy (kJ)	394.00
Protein (g)	18.00
Carb (g)	0.80
Of Which Sugars (g)	0.50
Fat (g)	0.90
Of Which Saturates (g)	0.10
Fibre (g)	0.50
Salt (g)	0.83

Dietary Information

Key: **Suitable for**



Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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Ingredients

King Prawns (*Penaeus vannamei*) (CRUSTACEANS), Salt, Stabilisers: E451 & E452 (Sodium Triphosphate & Sodium Polyphosphate).

Handling Information

Directions for Use

This product contains raw prawns and must be cooked thoroughly. These instructions are guidelines only as cooking appliances vary. Ensure Prawns are piping hot and cooked throughout before serving. Not suitable for microwave cooking. Grill: Place under pre heated grill for 8 minutes. Turn once half way through cooking. Shallow fry: Preheat 1 tbs of oil in frying pan. Cook prawns over a medium heat for 3 minutes, stirring continuously. AS A GUIDE RAW PRAWNS TURN FROM GREY TO PINK WHEN COOKED.

Storage Instructions

Keep frozen at -18°C or below.

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