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TFS - Vegetables Purple Sprouting Broccoli - Information

Broccoli (Brassica oleracea var. italica) is an edible green plant in the cabbage family (family Brassicaceae, genus Brassica). Sprouting broccoli (purple) has a larger number of heads with many thin stalks.

Our Product Code: 031233

Suppliers Product Code:

Information Last Updated: 17/09/2024 **Date Produced:** 27/11/2025



Allergy Information

Key: Contains















Nuts

Sesame Gluten Crustaceans

Eggs





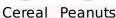




Milk

Celery Sulphur Dioxide

Soya











Fish Molluscs Mustard

Nutritional Information

100g or 100ml Serving Unit: Energy (kcal) 34.00 141.00 Energy (kJ) Protein (g) 2.82 Carb (q) 6.64 Of Which Sugars (g) 1.70 Fat (g) < 0.50 Of Which Saturates 0.10 (a) Fibre (g) 2.60 Salt (g) 80.0

Dietary Information

Suitable for Key:









Please Note: This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.



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Ingredients

Broccoli

Handling Information

Directions for Use

Washed and ready to cook.

Storage Instructions

Keep refrigerated.

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