

## Tiparos Squid Thai Fish Sauce - Information


Fish sauce.


**Our Product Code:** 028163  
**Suppliers Product Code:**  
**Information Last Updated:** 22/01/2024  
**Date Produced:** 14/08/2025





### Allergy Information


Key: **Contains** **May Contain**


 Sesame


 Gluten


 Crustaceans


 Eggs


 Lupin


 Nuts


 Milk


 Celery


 Sulphur Dioxide


 Soya

 Cereal

 Peanuts

 Fish

 Molluscs

 Mustard

### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	77.00
Energy (kJ)	326.00
Protein (g)	11.00
Carb (g)	8.00
Of Which Sugars (g)	7.00
Fat (g)	0.00
Of Which Saturates (g)	0.00
Fibre (g)	0.00
Salt (g)	24.64

### Dietary Information

Key: **Suitable for**

 Kosher

 Vegetarian

 Halal

 Vegan

**Please Note:** This information has been supplied by manufacturers and other third parties to Yare Food Services. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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### Ingredients

Anchovy FISH Extract (65%), Water, Sugar, Salt.

### Handling Information

#### Directions for Use

Use as a condiment for cooking and dipping. The salty, savory ingredient is used to add umami to dozens of popular dishes, such as pad Thai, but can also be used to marinate meats, dress vegetables or punch up the flavor in soups or stews.

#### Storage Instructions

Store in a cool dry place away from direct sunlight.

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